



executive gourmet

by  Gategourmet

a gategroup member 

going the extra mile for you.

EXECUTIVE GOURMET SYDNEY

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This menu list is only indicative. Please ask your local Executive Gourmet representative for choice and availability.

Breakfast



Hot breakfast

- 1 American pancake
- 2 Crispy bacon
- 3 Chicken sausage
- 4 Italian pork sausage
- 5 Oven roasted tomatoes
- 6 Plain omelette
- 7 Mushroom omelette
- 8 Cheese omelette
- 9 Scrambled eggs

Bread

- 1 Croissant
- 2 Brioche
- 3 Pain au chocolat
- 4 Toast
- 5 Selection of Danish pastries
- 6 Selection of muffins
- 7 Selection of bread rolls

Cold Breakfast

- 1 Portion of butter or margarine
- 2 Plain or fruit flavored yoghurt
- 3 Baked beans
- 4 Boston baked beans
- 5 Smoked salmon platter
- 6 Smoked salmon platter small
- 7 Sliced seasonal fruit platter
- 8 Selection of cereals and muesli

Sandwiches



Rolls

- 1 Bagel with smoked salmon, horseradish and cucumber
- 2 Tomato, mozzarella and pesto
- 3 Grilled vegetables and parmesan
- 4 Tuna mayonnaise
- 5 Oven roasted tomatoes
- 6 Roasted chicken
- 7 Roast beef

Wraps

- 1 Chicken Caesar
- 2 Ham and avocado
- 3 Vegetarian

Triangle

- 1 Bacon, lettuce and tomato
- 2 Lemon chicken
- 3 Corned beef
- 4 Cheese, tomato and pickle
- 5 Egg and chives
- 6 Ham and cheese

Open

- 1 Prawns with lemon dill crème fraiche
- 2 Grilled vegetables and basil
- 3 Hot smoked salmon, chives and ginger pickle
- 4 Roasted beef sirloin, sauerkraut and gherkin
- 5 Smoked chicken, avocado and chili
- 6 Turkey, cranberry and rocket

Starters



Hot snacks

- 1 Mini quiche
- 2 Mini pizza selection
- 3 Beef skewer
- 4 Chicken skewer
- 5 Beef pie
- 6 Vegetable samosa

Cold snacks

- 1 Sushi selection
- 2 Assorted canapés

Caviar

- 1 Choice of caviar available on request and market availability.

Caviar condiments

- 1 Egg yolk
- 2 Egg white
- 3 Finely chopped onion
- 4 Finely chopped chives
- 5 Lemon wedges

Soups & Salads



Soups

- 1 Roasted tomato
- 2 Mushroom forest
- 3 Asparagus
- 4 Butternut squash
- 5 Fragrant coconut

Salads

- 1 Baby leaf
- 2 Rucola, shaved parmesan and sun dried tomato
- 3 Caesar with condiments
 - Bacon
 - Chicken
- 4 Caprese
- 5 Greek

Dressings

- 1 Native lime
- 2 Caesar
- 3 Balsamic
- 4 French
- 5 Italian
- 6 Thousand Island

Main Course



Proteins

- 1 Chicken supreme
- 2 Grilled riverine beef tenderloin
- 3 Grilled lamb chops
- 4 Salmon fillet
- 5 Grilled prawns
- 6 Grilled scallops
- 7 Stir fried lobster with spring onion and ginger
- 8 Barramundi
- 9 Blue eye cod

Sauces

- 1 Béarnaise
- 2 Peppercorn
- 3 Mushroom
- 4 Lemon butter
- 5 Spicy tomato
- 6 Garlic

Side dishes

- 1 Mixed seasonal vegetables
- 2 Ratatouille
- 3 Dauphinoise potatoes
- 4 Grilled asparagus
- 5 Creamy polenta
- 6 Fresh mashed potatoes
- 7 Buttered potatoes
- 8 Steamed jasmine rice
- 9 Steamed basmati rice
- 10 Egg fried rice

Pasta and risotto

- 1 Beef lasagna
- 2 Spinach and ricotta ravioli
- 3 Penne pasta with arrabiata sauce
- 4 Tagliatelle with pesto
- 5 Seafood pasta with tomato sauce
- 6 Gnocchi with mushroom cream sauce
- 7 Risotto verde
- 8 Wild mushroom risotto

Ethnic Delights



Ethnic delights

- 1 Lamb Biryani
- 2 Thai red curry with chicken
- 3 Lamb tagine with couscous
- 4 Wagyu beef burger with bush tomato chutney
- 5 Lobster Thermidor
- 6 Prawn curry
- 7 Chicken cacciatore with creamy polenta
- 8 Platter of local and international cheeses served with accompaniments

Desserts



Desserts

- 1 Boutique mini dessert selection
 - *Jaffa cake*
 - *Apricot almond tart*
 - *Pistachio dome*
 - *Mixed berry charlotte*
 - *Baked passion fruit cheesecake*
 - *Coffee walnut slice*
- 2 Petit fours
 - *Lamington*
 - *Macaroons*
 - *Opera cake*
 - *Lemon tart*
 - *Raspberry friand*
 - *Blackforest cupcake*
- 3 Chocolate tasting plate
 - *Caramelia triangle*
 - *White chocolate mousse*
 - *Milk chocolate with caramel*
- 4 Handmade single origin chocolate
 - *Mango coconut*
 - *Lime chocolate*
 - *Vanilla raspberry*
 - *Coffee truffle*
 - *Passion fruit caramel*
 - *Dark chocolate cluster*
- 5 Pre-cut cakes
 - *New York baked cheesecake*
 - *Mango macadamia cheesecake*
 - *Mississippi triple chocolate mud cake*
- 6 Individual Desserts
 - *Citrus frangipane tart*
 - *Apple and salted caramel tart*
 - *Warmed chocolate fondant*
 - *Key lime pie*
 - *Strawberry tart*
 - *Pavlova*

Ice cream

- 1 Serendipity – 130ml pot
 - *Death by Chocolate*
 - *Vanilla Bean*
 - *Cookies and Cream*
 - *Hokey Pokey*
- 2 Serendipity – Scoop
 - *Mango*
 - *Strawberry*
 - *Macadamia*

Fruits

- 1 Banana
- 2 Apple
- 3 Orange
- 4 Golden kiwi
- 5 Fresh fruit basket
- 6 Sliced seasonal fruit
- 7 Fresh berries selection

Garnish

- 1 Chocolate sauce
- 2 Pistachio sauce
- 3 Crème Anglaise
- 4 White chocolate cigars
- 5 Dark chocolate cigars
- 6 Sesame tuilles

Beverages



Hot drinks

- 1 Market Lane Coffee Selection
 - *Le Soledad*
 - *Buena Vista Peaberry*
 - *Santa Clara Espresso*
 - *El Pilar*
- 2 Petite Maison Hot Chocolate Selection
 - *Orange*
 - *Peppermint*
 - *Rich and Dark*

Tea

- 1 Whittard of Chelsea tea selection
 - *Green tea with jasmine*
 - *Nettle, fennel and peppermint*
 - *Summer strawberry infusion*
 - *Blackcurrant infusion*
- 2 Mariage Freres tea Selection
 - *Earl grey*
 - *English breakfast*
 - *Ratnapura ceylon*
 - *French breakfast*
 - *Marco Polo*

Freshly squeezed juices

- 1 Watermelon
- 2 Orange juice
- 3 Tropical fruit
- 4 Apple
- 5 Strawberry
- 6 Carrot and ginger
- 7 Cantaloupe melon and mint

Cold Drinks

- 1 Cloudy apple juice
- 2 Cranberry juice
- 3 Guava juice blend
- 4 Fresh orange juice
- 5 Tomato juice
- 6 Evian mineral water 1.5L
- 7 Perrier 330ml
- 8 Mount Franklin mineral sparkling water 1.25L

Other Services



Groceries

- 1 Strawberry jam
- 2 Marmalade
- 3 Honey
- 4 Sugar sachet
- 5 Assorted nuts
- 6 Salted crisps
- 7 Mixed vegetable crisps
- 8 Milk

Toiletries

- 1 Hot towels
- 2 Tissues
- 3 Gloves
- 4 Napkins
- 5 Toilet rolls
- 6 Nappies
- 7 Bags

Other

- 1 Sliced lemon
- 2 Sliced orange
- 3 Whole lemon
- 4 Whole lime
- 5 Wet ice
- 6 Dry ice
- 7 Styrofoam box

Equipment

- 1 Drinking cups
- 2 Utensils
- 3 Serving dishes
- 4 Ziploc bags
- 5 Kitchen towels

Newspapers and magazines

A wide range of newspapers and magazines available to order

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