



executive gourmet

by  Gategourmet

a gategroup member 

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going the extra mile for you.

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# Contents

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Hot Breakfast & Condiments	4
Bakery Items	5
Cold/Hot Starters & Canapés	6
Salads & Soup	7
Main Courses & Starches	8
Snack Boxes & Sandwiches	9
Wraps & Platters	10
Desserts & Fruits	11
Beverages	12

This menu list is only indicative. Please ask your local Executive Gourmet representative for choice and availability.

# Hot Breakfast & Condiments



## Hot breakfast

		portion
1	Continental breakfast <i>French baguette, butter portion, jam strawberry, honey portion, sliced mix fruit, Emmi blueberry yoghurt and danish pastry- peach</i>	1 set
2	English breakfast <i>Spinach omelette, scrambled eggs with chives, grilled bacon rashen, pork sausage, hash brown, grilled tomato, sauteed mushrooms and toast</i>	1 set
3	Chinese breakfast <i>Congee: congee garnish - mesculen lettuce, Daikaon, pickled zha cai, pickled cucumber, pickled pink ginger, pork floss, soy quail egg halves and fried milk bun</i>	1 set
4	Stir fried egg noodles w scallops & prawns <i>Egg noodle, prawn, scallops, oyster sauce, chinese greens, fried shallots, spring onion julienne and sliced red chili</i>	1 set
5	E-Fu noodles with beef & Yuxiang sauce <i>E-Fu noodles, carrots julienne, shitake mushroom julienne, beef julienne, Yuxiang sauce, Pak Choy and steamed dry scallops</i>	1 set
6	Poached eggs	2 pcs
7	Cheese omelette	1 pc
8	Bacon & mushroom omelette	1 pc
9	Spinach omelette	1 pc
10	Plain omelette	1 pc
11	Scrambled eggs	1 set
12	Mixed pepper frittarta	1 pc

## Condiments

		portion
1	Whole fruit basket <i>Red apple x 2, banana x 3, red grapes (300gm), pear x 2 and plum x 2</i>	1 set
2	Fruit salad <i>dragon fruit, watermelon, pineapple, red grapes, orange dice, kiwi fruit, orange juice and mint leave</i>	1 set
3	Emmi blueberry yoghurt	1 pc
4	Plain bright yoghurt	1 pc
5	Soy bean milk	1 pk
6	Cornflakes	30gr
7	Bircher muesili	100gr
8	Strawberry jam – Hero	
9	Orange marmalade – Hero	
10	Honey – Hero	
11	Butter portion (unsalted)	10gr

# Bakery Items



## Bread rolls selection

	portion
1 Rustic roll	10 pcs
2 Walnut roll	10 pcs
3 Ciabatta roll	10 pcs
4 Mini French baguette	10 pcs
5 Focaccia	10 pcs
6 Sesame twist	10 pcs
7 Rye roll	10 pcs
8 Wholemeal baguette	10 pcs

## Toast

	portion
1 Whole wheat toast (sliced)	10 pcs
2 White toast (sliced)	10 pcs

## Croissant

	portion
1 Croissant	10 pcs
2 Croissant (large)	10 pcs

## Pastries

	portion
1 Banana muffin	5 pcs
2 Blueberry muffin	5 pcs
3 Apple & cinnamon muffin	5 pcs

## Danish

	portion
1 Pear danish	5 pcs
2 Peach danish	5 pcs
3 Coconut & raisin danish	5 pcs

# Cold / Hot Starters & Canapés



## Cold starters

		portion
1	Beef carpaccio w rockets leaves <i>Roasted beef slice 2pcs, rustic roll 10 pcs, walnut roll 10 pcs; Ciabatta roll 10 pcs, mini French baguette 10 pcs, Focaccia 10 pcs</i>	1 set
2	Fruit salad <i>dragon fruit, watermelon, pineapple, red grapes, orange dice, kiwi fruit, orange juice, mint leave</i>	1 set
3	Shrimp cocktail w avocado & mix leaves <i>Sesame twist 10 pcs; rye roll 10 pcs; wholemeal baguette 10 pcs, cherry tomato halves</i>	1 set
4	Smoked salmon w asparagus & lettuce <i>Smoked salmon 5 slices, lemon zest, asparagus spears boiled, Frizee lettuce, black olive, cracked black pepper, cherry tomato halves</i>	1 set
5	Parma ham w melon <i>Parma ham slice, Hami melon, shaved parmesan, olive oil, cracked black pepper, rocket lettuce</i>	5 pcs
6	Braised beef w soy sauce & lettuce <i>Braised beef slice w dried orange, Romain lettuce, cherry tomato half, thick soy sauce, chilli ring</i>	5 pcs
7	Sweet dates stuffed w glutinous rice <i>Sweet date w rice, coriander sprig, cucumber slice, sweet light soy sauce</i>	4 pcs
8	Pork belly w garlic black bean sauce <i>Braised pork belly slice, garlic black bean sauce, spring onion, chilli ring</i>	5 pcs
9	Vegetarian mix gluten w black fungus <i>Mix gluten w black fungus, coriander leaf, ginkgo nut, cucumber slice, chilli ring</i>	1 set

## Hot starters / canapés

		portion
1	Assorted tempura <i>Sweet potato tempura 1pc, asparagus tempura 1pc, lotus root 1pc, tempura prawn 1pc, Tentsuyu dipping sauce</i>	1 set
2	Pork & prawn Gyoza dumplings w pickled ginger & soy dressing	10 pcs
3	Chicken Yakitori w soy and mirin dipping sauce	5 pcs
4	Mini Quiche platter <i>Quiche lorraine 1 pc, smoked salmon and leek quich 1pc, zucchini &amp; mushroom quiche 1pc</i>	1 set
5	Vegetarian spring rolls w sweet chilli sauce	10 pcs
6	Spiced Hoki fish skewers w Tzatziki sauce	5 pcs
7	Beijing duck roll w chinese plum sauce	5 pcs
8	Beef with shimeji mushroom <i>Beef w shimeiji mushroom roll, oyster sauce</i>	5 pcs
9	Chicken satay w satay sauce	5 pcs
10	Roast duck pancake & Hoisin sauce <i>Roasted duck slice, pancake, chive blanched, hoisin sauce, cucumber baton</i>	10 pcs
11	Capanata in pastry tart <i>Caponata (Grilled Egg Plant), basil leaf, pastry tart shell</i>	5 pcs
12	Cream cheese filled Profiterole <i>Profiterole, cream cheese, basil leaf, sundried tomato julienne</i>	1 set
13	Smoked salmon on Rye <i>Smoked salmon, norgland bread triangle, sour cream, dill sprig, frizee lettuce</i>	1 set
14	Crudite & dips <i>carrot battons, cucumber battons, celery battons, red pepper dip, sour cream &amp; chives, Hummus</i>	1 set



# Salads & Soup



## Soup

		portion
1	Minestrone soup	1 set
2	Hot & sour soup	1 set
3	Hot & sour soup (seafood)	1 set
4	Lobster bisque	1 set
5	Tom yum soup	1 set
6	White bean & truffle soup	1 set

## Salad

		portion
1	Chicken Caesar salad <i>Roasted chicken sliced, Romaine lettuce, croutons, shaved parmesan cheese, roasted cherry tomato halves, chopped chives, boiled egg wedge</i>	1 set
2	Prawn Caesar salad <i>Grilled prawns 5 pcs, Romaine lettuce, croutons, shaved parmesan cheese, roasted cherry tomato halves, chopped chives, boiled egg wedge</i>	1 set
3	Greek salad <i>Greek salad w Feta cheese, olives, tomatoes</i>	1 set
4	Caprese salad <i>Buffallo mozzarella cheese sliced, tomato slice, basil leaves, black pepper, olive oil</i>	1 set
5	Nicoise salad <i>Tea smoked salmon, green beans, black olive, quail egg, cherry tomato, boiled potato cube with parsley, red wine vinegar dressing (creamy)</i>	1 set

## Salad

		portion
6	Cabbage salad <i>White cabbage julienne, radish, mint leaves, parsley, chopped chilli, lemon olive oil dressing, shaved parmesan cheese, Radicchio lettuce</i>	1 set
7	Cucumber & Wakame salad <i>Sliced cucumber, seaweed, sweet soy and rice wine vinegar dressing, chilli julienne, coriander leaves, black fungi, julienne daikon</i>	1 set
8	Mesculen lettuce salad <i>Szechwan cucumber salad, Chasiu Pork 3 slices, Mesculen lettuce</i>	1 set
9	Glass noodles w prawns <i>Glass noodle salad, prawn 2pcs, Frisse lettuce, coriander leaf, chili ring</i>	1 set
10	Beef slice w thick glass noodles <i>Lao Gan Ma beef slice, thick glass noodle (粉皮), coriander chopped, spring onion chopped, chili ring</i>	1 set

# Main Courses & Starches



## Main courses

	portion
1	Grilled beef fillet 1 set
2	Beef stroganoff 100gm
3	Chicken skewer 100gm
4	Braised beef cheek 120gm
5	Braised beef brisket 120gm
6	Pan fried salmon fillet 100gm
7	Miso marinated hoki fish 100gm
8	Hoki with sweet and sour sauce 100gm
9	Grilled cod fish (import) 100gm
10	Braised lamb shoulder rack 120gm
11	Grilled lamb loin
12	Grilled chicken breast 100gm
13	Chicken cordon bleu 100gm
14	Chicken teiyaki 100gm
15	Fried chicken wings 3pcs 100gm
16	Peking duck breast 100gm
17	Pork belly 100gm
18	BBQ pork 100gm
19	Wok fried sliced pork 100gm
20	Pork spare ribs with BBQ sauce 100gm
21	Shanghai Xiao Long Bao 100gm
22	Lobster thermidor - grilled lobster with Mornay sauce 150gm
23	Stir fried prawns with garlic 100gm
24	Seared prawns 100gm
25	Sautéed mixed vegetables 500gm
26	Stir fried chinese vegetables 500gm
27	Assorted grilled vegetables 500gm

## Rice, noodles & side dish

	portion
1	Farfelle pasta w tomato basil sauce 1 set <i>Farfelle pasta, tomato basil sauce, shaved parmesan cheese</i>
2	Spaghetti bolognaise 1 set <i>Spaghetti, bolognaise sauce, shaved parmesan cheese, chopped parsley</i>
3	Orecchetti w salmon, chive cream sauce 1 set <i>Orecchetti pasta, roasted salmon (flaked), chive cream sauce</i>
4	Shanghai noodle w beef 1 set <i>Shanghai fried noodle w vegetables, Pak Choy, spiced beef slice</i>
5	Duck & egg noodle 1 set <i>Roasted duck julienne w skin, duck sauce, stir-fried Choy Sum w chopped garlic, stir-fried thin egg noodles</i>
6	Egg noodle w Hoki fish oyster sauce 1 set <i>Stir fried Hoki slice, spice yellow bean paste sauce, egg noodles, carrots botton, Choi Sum, shallot slivers (garnished), oyster sauce, cabbage leaf</i>
7	French fries 500gm
8	Boiled mini potatoes w parsley 500gm
9	Mashed potato (fresh) 500gm
10	Steamed rice 500gm
11	Steamed jasmine rice 500gm
12	Saffron steamed rice 500gm
13	Basmati rice steamed 500gm
14	Thai rice steamed 500gm



# Snack Boxes & Sandwiches



## Snack box

		portion
1	<b>Cold breakfast box</b> <i>Apple cinnamon muffin 1pc, banana 1 pc, fruit salad (diced pineapple/Hami melon/watermelon/dragon fruit, blueberry Emmi yoghurt, orange juice</i>	1 box
2	<b>Hot breakfast box</b> <i>Croissant w beef ham slice, tomato, cheddar cheese, spinach, butter, orange juice</i>	1 box
3	<b>Cold lunch box</b> <i>Vegetable quiche, mesculen lettuce mix, chocolate cake, red apple, orange juice</i>	1 box

## Open sandwich

		portion
1	<b>Smoked chicken w grilled Zucchini on Norgland bread</b> <i>Norland bread w Romain lettuce, smoked chicken, grilled zucchini, asparagus &amp; butter</i>	1 set
2	<b>Shrimp salad on Norgland bread</b> <i>Norland Bread w raddichio, shrimp salad, butter &amp; lemon</i>	1 set
3	<b>Char Siu chicken w BBQ sauce on Norgland bread</b> <i>Norland bread w Char Siu chicken, iceberg lettuce, BBQ sauce</i>	1 set
	<b>Parma ham, mozzarella on Norgland bread</b> <i>Norland bread w mozzarella cheese, mix bell peppers, arugula &amp; Parma ham</i>	1 set

## Sandwich

		portion
1	<b>BLT sandwich</b> <i>Buttered white toast bread w bacon, iceberg lettuce, slice tomato</i>	1 set
2	<b>Ham &amp; cheese sandwich</b> <i>Buttered white toast bread w sliced beef ham, cheddar cheese</i>	1 set
3	<b>Smoked salmon, horseradish sandwich</b> <i>Buttered white toast bread w smoked salmon &amp; horseradish</i>	1 set
4	<b>Tuna sandwich</b> <i>Toasted white bread w tuna, mayonnaise &amp; lettuce</i>	1 set
5	<b>Turkey sandwich</b> <i>Buttered brown bread w sliced turkey ham &amp; cranberry relish</i>	1 set
6	<b>Beef pastrami focaccia</b> <i>Toasted rosemary focaccia w beef pastrami, tomatoes, spinach &amp; raita</i>	1 set
7	<b>Grilled bacon w BBQ sauce ciabatta</b> <i>Ciabatta w grilled bacon, onion, tomato relish &amp; BBQ sauce</i>	1 set
8	<b>Baguette w grilled vegetable &amp; pesto</b> <i>French baguette w grilled mixed veg, rocket lettuce &amp; pesto</i>	1 set
9	<b>Grilled ciabatta w turkey ham and spinach</b> <i>Grilled herb ciabatta w turkey ham, emmental cheese, spinach, tomato slice &amp; lemon mayonnaise</i>	1 set

# Wraps & Platters



## Wraps

- |   |  | portion |
|---|--|---------|
| 1 | Turkey ham, ceddar cheese & spinach wrap<br><i>Arabic style flat bread wrap w turkey ham, roasted tomato, cheddar slices, spinach, red onion relish &amp; lime mayo</i>    | 1 set   |
| 2 | Roast chicken, romaine lettuce, tomato slice wrap<br><i>Arabic style flat bread wrap w roast chicken breast, tomato, romaine lettuce, cucumber sticks &amp; lemon mayo</i> | 1 set   |

## Mixed platter

- |   |   | portion |
|---|---|---------|
| 1 | Assorted cold cuts platter<br><i>parma ham, salami sliced, bresaola, cornichons, pickled onions</i>   | 1 set   |
| 2 | Assorted seafood platter (for 5)<br><i>Lobster slice- poached, grilled prawns 6 pcs, lemon wedge 5 pcs, smoked salmon, sesame crusted tuna sliced, cocktail sauce, smoked halibut, red onion julienne, capers</i> | 1 set   |
| 3 | Assorted sushi maki, sashimi platter (for 5)<br><i>Prawn Nigiri sushi 6 pcs, crab &amp; avocado maki 6 pcs, seared tuna Nigiri sushi 6 pcs, California roll 6pcs, wasabi, pickled ginger, light soy sauce</i>     | 1 set   |

## Cheese platter

- |   |  | portion |
|---|--|---------|
| 1 | Cheese Platter 1<br><i>Gruyere cheese, camembert cheese, taleggio cheese, goats cheese, gorgonzola cheese, red grape bunch, celery stick(wrapped), dried apricot, walnut</i> | 1 set   |
| 2 | Cheese Platter 2<br><i>Danish blue cheese, red cheddar cheese, brie cheese, emmantahl cheese, red grape bunch, celery stick(wrapped), dried apricot, walnut</i>              | 1 set   |

# Desserts & Fruits



## Dessert

portion

1	Black cherry clafoutis	1 pc
2	Fruit tart	1 pc
3	Green tea mousse	1 pc
4	Caramel and banana mousse cake	25gm
5	Chocolate cake with icing	60gm
6	Lemon curd tart	1 pc
7	Chocolate cake	60gm
8	Apple and almond tart	80gm
9	Belgian chocolate Häagen-Dazs	60gm
10	Strawberry Häagen-Dazs	60gm
11	Mango Häagen-Dazs	60gm
12	Vanilla Häagen-Dazs	60gm

## Fruits

portion

1	Pineapple, watermelon, dragon fruit, red grapes, hami melon diced	120gm
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# Beverages



## Juice

	portion
1 Fresh orange juice	1 Lt
2 Fresh grapefruit juice	1 Lt
3 Fresh apple juice	1 Lt
4 Fresh mango juice	1 Lt
5 Fresh guava juice	1 Lt
6 Fresh strawberry juice	1 Lt
7 Fresh carrot juice	1 Lt
8 Fresh watermelon juice	1 Lt
9 V-8 mixed vegetables juice can	355ml

## Coffee & milk

	portion
1 Instant coffee	
2 Coffee cream	1 Lt
3 Fresh milk	1 Lt
4 Fresh milk	473ml
5 Fresh milk	236ml
6 Skim milk	1 Lt
7 Skim milk	473ml
8 Skim milk	236ml
9 Low fat milk	1 Lt

## Soft drinks & water

	portion
1 Coca-Cola / Diet Coke	355ml
2 Sprite / Diet Sprite	355ml
3 Soda water / Tonic water / Ginger Ale	355ml
4 Evian mineral water	1.5 Lt
5 Evian mineral water	1 Lt
6 Evian mineral water	500ml
7 Evian mineral water	330ml
8 Perrier mineral water	330ml
9 V-8 mixed vegetables juice can	355ml

## Alcohol

	portion
1 Asahi beer	335ml
2 Heineken beer	335ml
3 San Miguel beer	335ml
4 Budweiser	335ml
5 Pabst Blue Ribbon	335ml
6 Tiger beer	330ml
7 Tsing Tao beer	335ml
8 Foster beer	335ml

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